



WESTON SENIOR ACTIVITIES CENTER

203-222-2608
9 School Road
Weston, CT 06883

Monday-Thursday - 9:00 am to 3:00 pm
Friday - 9:00 am to 12:00 pm

www.westonseniorcenter.info

July/August 2017

Weston Senior Services & Resources

Weston Senior Center
203-222-2608
www.westonseniorcenter.info

Center Director:
Wendy Petty
Program Coordinator:
Carla Jegen
Asst. Program Coordinator:
Linda Gilmore

Mailing Address:
P.O. Box 1007
Weston, CT 06883

Dept. of Social Services
203-222-2663
Director:
Charlene Chiang-Hillman
Administrative Assistant:
Suzanne Friedman

Dial-a-Ride
203-222-2576
Driver: Gordon Green
(24-hour notice required)

Weston Town Hall
203-222-2500
www.westonct.gov

Commission on Aging
Helen R. de Keijzer, Chair
Bruce Lorentzen, VC
Don Gumaer, Secretary
Peggy A. Anderson
Allison Lisbon
Dale Robinson

Greetings!

We hope to see you this summer! Also, in an effort to **Go Green**, please let us know if you would rather receive our newsletter and other updates by email.

Gordon Green, our Dial-a-Ride driver, is available to take Westonites to medical appointments, shopping, running errands and to our senior center; call him 24 hours in advance to make a reservation (203) 222-2576.

Keep us in mind this summer as you clean out your closets. We are always accepting items for our "Re-Gifting Sale"! We are collecting new and unused items for the sale we have the week after Thanksgiving.

Don't forget to check out our website www.westonseniorcenter.info for our current newsletter, art exhibits, weekly updates, and important links. Mark our webpage as a favorite and check it often.

We have a couple of trips coming soon, please see page 3 for more details. In October, we go to the New York Botanical Garden to see the Chihuly Exhibit. Sign up early to save your spot on the bus!

Do you have ideas? We want to hear from you so please do not hesitate to give us a call (203) 222-2608.

See you soon!

Wendy, Carla, Linda and welcome Angela for the summer.

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*Update: We have decided not to hold the Alden Sherman Classic car show this year.*

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The mission of the Weston Senior Activities Center is to serve as the hub of programs and events supporting the well being of community members as they age.



Movies



All Movies Start at 12:30pm
Sign up required. (203) 222-2608

7/5 Priceless: R Priceless is a powerful story of James Stevens who was, at one time, a good man with a great life— but that was then and this is now. After the tragic death of his wife and losing custody of his little girl, James is at the darkest crossroad of his life.

7/6: Rules Don't Apply: PG-13 Small town beauty queen and devout Baptist Marla Mabrey, under contract with the infamous Howard Hughes, arrives in Los Angeles. At the airport, she meets her personal driver Frank Forbes, only two weeks on the job and also from a religiously conservative background. Their instant attraction not only puts their religious convictions to the test, but also defies Hughes #1 rule: no employee is allowed to have an intimate relationship with a contract actress.

7/13: Lucky's Treasure: PG-13 Emily Landis knew life would change when she went to college, but she didn't think it would be this hard. As if saying goodbye to friends, moving to a new place, and going to classes weren't challenging enough, she winds up living with her grieving grandpa on his ranch and taking care of Lucky, her recently deceased grandma's horse.

7/20: Inferno: PG-13 Famous symbologist Robert Langdon (Tom Hanks) follows a trail of clues tied to the great medieval poet Dante himself. When Langdon wakes up in an Italian hospital with amnesia, he teams up with Sienna Brooks, a doctor he hopes will help him recover his memories. Together, the race across Europe against the clock to foil a deadly global plot. Based on the novel by Dan Brown.

7/27: Golden Kingdom: PG-13 Golden Kingdom is a narrative feature film about four orphan boys, novice monks living in a Buddhist monastery in a remote part of Northeast Burma. The head monk departs on a long journey from which he may never return, leaving the boys alone in the middle of the forest. Once the boys are on their own, strange, magical occurrences begin to pass. Orphan Witazara realizes he must protect the three other boys throughout this series of bizarre events, which threatened to unravel the fabric of the young monks reality.

8/3: The Zookeepers Wife: PG-13 The time is 1939 and the place is Poland, homeland of Antonia Zabinski and her husband, Dr. Jan Zabinski. The Warsaw Zoo flourishes under his stewardship and her care. When their country is invaded by the Nazi's, they are forced to report to the Reich's newly appointed chief zoologist. The Zabinskis covertly begin working with the Resistance and put into action plans to save the lives of hundreds from what has become the Warsaw Ghetto.

8/9 Bakery in Brooklyn: PG-13 Vivien and Chloe are two very different cousins living in Brooklyn who have been inseparable ever since they were children. At least, they were until recently. The sudden passing of their Aunt Isabelle has left them with a challenging inheritance: their aunt's quaint Boulangerie, named Isabelle's.

8/10: The Sense of an Ending: PG-13 Elderly divorcee Tony Webster lives a quiet life marked by daily routines and work at a London camera shop. When he receives a certified letter from the estate of the mother of his first love, he must reconnect with early 1960s love, Veronica. When Veronica refuses to give him this item, he must travel to get it himself.

8/17: A Quiet Passion: PG-13 Cynthia Nixon delivers a triumphant performance as Emily Dickinson as she personifies the wit, intellectual independence and pathos of the poet whose genius only came to be recognized after her death.

8/31: A United Kingdom: PG-13 Is based on extraordinary true events. In 1947, Sereste Khama, the King of Totswana, met Ruth Williams, a London office worker. They were a perfect match, yet their proposed marriage was challenged not only by their families but by the British and South African governments.

Wednesday Luncheons and Presentations

Sign up is required for all luncheons by the day before at 2:00pm. (203) 222-2608

7/5 Senior Center at 12:00pm \$4.00

Join us for lunch today and stay for the movie: *Priceless*.

7/12 Historical Society Barbeque

The Coley House at 12:00 \$4.00

Please do not arrive before 11:30 while they set up. Another favorite each year with a beautiful outdoor setting, music and great food. Thank you Historical Society. Call Gordon if you need a ride!

7/19 Selectman's Lunch

Norfield Church 12:00pm \$4.00

12:45pm Presentation by Author and Former Congressman Bob Steele. He is coming to talk about his highly acclaimed novel *The Curse: Big-Time Gambling's Seduction of a Small New England Town*. He is a leader in efforts to stop casino expansion in CT.

7/26 Fire Department Barbeque

Weston Volunteer Fire Department Free!

Lyons Plain Rd 11:30am—1:30pm.

Come and enjoy grilled burgers and great conversation. We are always grateful to our Fire Department and EMS for hosting every year and for your amazing group of people!

8/2 Sherwood Island State Park

Pot Luck Picnic Lunch - Meet bus at 11:00am at Weston Senior Center. Return bus at 2:00pm

Let us know what dish you will be bringing to share.

8/9 Senior Center

Assorted Summer Salads—\$4.00

Stay for the movie: A Bakery in Brooklyn

8/16 Wilton Meadows Lunch and Bingo

11:30am—Free!

If you are riding the bus, meet at Senior Center at 11:15am (sign up required for both ride and reservation).



We would like to thank Wilton Meadows for sponsoring our Brain Games and Lunch each month too!

8/30 The Greens at Cannondale

12:00pm—Free!

If you are riding the bus, meet at Norfield at 11:45am (sign up required for both bus ride and reservation).



Our Seniors Are Going Places

July 13th, Thursday: Yale Peabody Museum and Lunch at Goodfellas

Depart Senior Center at 10:00am. \$12.00 Entrance Fee to the Museum — Bring money for lunch.

July 18th, Tuesday: Captain's Cove Lunch Outing

Depart Senior Center at 11:15am. Bring own money for lunch.

August 15th, Tuesday: Port Jefferson Ferry Ride from Bridgeport to Port Jefferson and Lunch in town.

Departing from Senior Center at 9:00am for a 10:30am ferry. We will take the 2:00pm return ferry from Port Jefferson. \$15.00 is due when you sign up, plus bring money for lunch. Eat on own your or with friends, there are several places to choose. This trip requires a fair amount of walking, so please keep that in mind when signing up. Last year, the elevator was out of order and required taking the steps—hopefully all will be working, but it's good to think about ahead of time.



October 9th, Monday: New York Botanical Garden Chihuly Exhibition

This trip includes a guided Chihuly Walking Tour, Garden Pass Admission, Garden Market Basket lunch in the Pine Tree Café, round trip coach bus with gratuity and light snack for ride back, \$68.00. A \$30.00 deposit is due at time of sign up and payment in full is due September 15th. Breathtaking works of art by world-renowned artist Dale Chihuly will be on view at the NYBG in his first major garden exhibit in more than ten years in New York. Depart Norfield at 8:45am.



Balance Class Coming in January

A Matter of Balance (January 2018)

Series of eight classes, offered by the Fairfield University's School of Nursing. More details will be coming this fall. Let us know if you are interested; space will be limited to 20. This class not only addresses fall prevention techniques, but also covers the emotional and behavioral side as well as risk factors.

Walk in our Gym

Tuesday, Thursdays, and Fridays

10 laps = 1/4 mile.

Grab your friends or walk alone!



Exercise Classes!

Tap Dancing with Sandy—Must pay for series in full.

Mondays at 10:00am - Wear Tap Shoes.

Our tap group is growing! Come and try a class!

Meditation with Suzanne

Mondays at 9:30am. No meditation in August. Let us know if you are interested in coming for September!

Feldenkrais with Cathy—\$4.00 per class, drop in okay

Mondays and Wednesdays at 10:00am

Pickleball—free drop in okay

Mondays at 11am

Thursdays at 11:15am

Strength & Fitness with Sandy- \$4.00 per class, drop in okay

Tuesdays & Thursdays at 11:00am

Tai Chi with Bill Wren— Must pay for series in full

Thursdays at 9:30am

Tai Chi with Mari Lewis—Must pay for series in full

Tuesdays at 9:30am

Wii Bowling with Anne— Drop in okay

Thursdays at 10:00am

Yoga with Melania— \$4.00 per class, drop in okay

Fridays at 9:00am

Gentle Yoga with Joy- \$4.00 per class, drop in okay

Wednesdays at 10:00am

Pilates with Karen—Must pay for series in full

Mondays at 12pm

Cost of individual classes vary. Series discounts may be available, call (203) 222-2608 for details.

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### Call for Interest:

Boxing, Second Pilates Class on Wednesdays at 12:30pm, aerobics/dance, balance.

# July 2017

| Mon                                                                                                                                                                       | Tue                                                                                                                                                                                                                               | Wed                                                                                                                                                                                                                                         | Thu                                                                                                                                                                                                                                                   | Fri                                                                                                                                                                                                       |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 3<br>Senior Center<br>Closed<br><i>Inwood Artists<br/>Exhibit July and<br/>August</i>                                                                                     | 4<br>Senior Center<br>Closed<br>4th Of July                                                                                                                                                                                       | 5<br>10am Feldenkrais<br>10am Yoga<br><b>12pm Lunch at the<br/>Senior Center</b><br>12:45pm Movie:<br><i>Priceless</i><br><br><i>Weston EMS Blood Pressure</i>                                                                              | 6<br>9:15am Tai Chi<br>10am Wii Bowling<br>No Strength & Fitness<br>No Massage today<br>11:15am Pickleball<br>12:30pm Movie:<br><i>Rules Don't Apply</i><br>1:30pm Walk in the Gym                                                                    | 7<br>9am Yoga<br>10am Canasta<br>11am Walk in the Gym<br>10am Mark Albertson<br>"President Trump and<br>his Taxes"<br> |
| 10<br>9:30am Meditation<br>10am Knitting<br>10am Tap Dancing<br>10am Feldenkrais<br>10:30am Medicare Appt.<br>11am Pickleball<br>12pm Pilates<br>1pm Art With Friends     | 11<br>8:30am Y's Men's Back-<br>gammon<br>9:30am Tai Chi<br>11am Strength & Fitness<br>1:00pm Play "The Price is<br>Right" with The Visiting<br>Angels -coffee & donuts<br>1-4:00pm Duplicate<br>Bridge<br>1:30pm Walk in the Gym | 12<br>10am Feldenkrais<br>10am Yoga<br><b>12pm Lunch at<br/>The Historical Society</b><br><b>\$4.00</b><br>Please do not arrive before<br>11:30am<br>Sign up required.                                                                      | 13<br>9:15am Tai Chi<br>10am Wii Bowling<br>11am Strength & Fitness<br>11:00am Massage by appt<br>11:15am Pickleball<br>12:30pm Movie:<br><i>Lucky's Treasure</i><br>10am Meet at Senior Cen-<br>ter<br>Yale Peabody Museum<br>1:30pm Walk in the Gym | 14<br>9am Yoga<br>10am Canasta<br>11am Walk in the Gym                                                                                                                                                    |
| 17<br>9:30am Meditation<br>10am Knitting<br>10am Tap Dancing<br>10:00am Feldenkrais<br>11am Pickleball<br>12pm Pilates<br>1pm Art With Friends                            | 18<br>8:30am Y's Men's Back-<br>gammon<br>9:30am Tai Chi w/Mari<br>11am Strength & Fitness<br>11:15am Captain's Cove<br>Lunch outing<br>1-4:00pm Duplicate<br>Bridge<br>1:30pm Walk in the Gym                                    | 19<br>No Feldenkrais today<br>10am Yoga<br><b>12pm Lunch at<br/>Norfield<br/>Selectman's BBQ</b><br>12:45pm Presentation by<br>Bob Steele, author and for-<br>mer Congressman. See<br>information inside.<br><br><i>RVNA Blood Pressure</i> | 20<br>9:15am Tai Chi<br>10am Wii Bowling<br>11am Strength & Fitness<br>11:00am Massage by appt<br>11:15am Pickleball<br>12:30 Movie:<br><i>Inferno</i><br>1:30pm Walk in the Gym                                                                      | 21<br>9am Yoga<br>10am Canasta<br>11am Walk in the Gym                                                                                                                                                    |
| 24<br>9:30am Meditation<br>10am Knitting<br>10am Tap Dancing<br>No Feldenkrais today<br>10:30am Medicare Appt.<br>11am Pickleball<br>12pm Pilates<br>1pm Art With Friends | 25<br>8:30am Y's Men's Back-<br>gammon<br>9:30am Tai Chi w/Mari<br>11am Strength & Fitness .<br>1:00 Duplicate Bridge<br>1:30pm Walk in the Gym                                                                                   | 26<br>10am Feldenkrais<br>10am Yoga<br><b>12pm Lunch at<br/>The Fire Department on<br/>Lyons Plain Road</b><br>There is no charge for this<br>luncheon, but you must<br>sign up.                                                            | 27<br>9:15am Tai Chi<br>10am Wii Bowling<br>11am Strength & Fitness<br>11:00am Massage by appt<br>11:15am Pickleball<br>12:30pm Movie<br><i>Golden Kingdom</i><br>1:30pm Walk in the Gym                                                              | 28<br>9am Yoga<br>10am Canasta<br>11am Walk in the Gym                                                                                                                                                    |
| 31<br>9:30am Meditation<br>10am Knitting<br>10am Tap Dancing<br>10am Feldenkrais<br>11am Pickleball<br>12pm Pilates<br>1pm Art With Friends                               |                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                       |                                                                                                                                                                                                           |

# August 2017

**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

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|----------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|
|                                                                                                                                              | 1<br>8:30am Y's Men's Back-gammon<br>9:30am Tai Chi w/Mari<br>11am Strength & Fitness<br>1:00pm Concert by <b>Musical Treats</b> . See details inside.<br>1-4:00pm Duplicate Bridge<br>1:30pm Walk in the Gym         | 2<br>10am Feldenkrais<br>10am Yoga<br><b>12pm Lunch</b><br><b>Sherwood Island Picnic</b><br>Meet at Sherwood Island or meet the bus at Senior Center at 11:00<br><b>Bring a dish to share!!</b>                                           | 3<br>9:15am Tai Chi w/Bill<br>10am Wii Bowling<br>11am Strength & Fitness<br>11am Massage by appt<br>11:15am Pickleball<br>12:30pm Movie<br><i>The Zookeepers Wife</i><br>1:30pm Walk in the Gym                  | 4<br>9am Yoga<br>10:00am Canasta<br>10:00am Mark Albertson "Vladimir Putin"<br>11am Walk in the Gym |
| 7<br>10am Knitting<br>10am Tap Dancing<br>10am Feldenkrais<br>10:30am Medicare Appt. Depart Senior Center<br>11am Pickleball<br>12pm Pilates | 8<br>8:30am Y's Men's Back-gammon<br>9:30am Tai Chi w/Mari<br>11am Strength & Fitness<br>1-4:00pm Duplicate Bridge<br>1:30pm Walk in the Gym                                                                          | 9<br>10am Feldenkrais<br>10am Yoga<br><b>12pm Lunch</b><br><b>Senior Center</b><br><b>Assorted Summer Salads \$4.00</b><br><b>Sign up required.</b><br>12:45pm Movie<br><i>Bakery in Brooklyn</i><br><br><i>Weston EMS Blood Pressure</i> | 10<br>9:15am Tai Chi w/Bill<br>10am Wii Bowling<br>11am Strength & Fitness<br>11am Massage by appt<br>11:15am Pickleball<br>12:30 Movie:<br><i>The Sense of an Ending</i><br>1:30pm Walk in the Gym               | 11<br>9am Yoga<br>10am Canasta<br>11am Walk in the Gym                                              |
| 14<br>10am Knitting<br>10am Tap Dancing<br>10am Feldenkrais<br>11am Pickleball<br>12pm Pilates                                               | 15<br>8:30am Y's Men's Back-gammon<br>9:00am Port Jefferson Ferry leave from Norfield<br>Sign up required.<br>9:30am Tai Chi w/Mari<br>11am Strength & Fitness<br>1-4:00pm Duplicate Bridge<br>1:30pm Walk in the Gym | 16<br>10am Feldenkrais<br>10am Yoga<br><b>11:30am Lunch and Bingo at Wilton Meadows</b><br><b>Sign up required. Meet at Senior Center if riding the bus.</b>                                                                              | 17<br>9:15am Tai Chi w/Bill<br>10am Wii Bowling<br>Sign up required.<br>11am Strength & Fitness<br>11am Massage by appt<br>11:15am Pickleball<br>12:30 Movie:<br><i>A Quiet Passion</i><br>1:30pm Walk in the Gym | 18<br>9am Yoga<br>10am Canasta<br>11am Walk in the Gym                                              |
| 21<br>Senior Center Closed                                                                                                                   | 22<br>Senior Center Closed                                                                                                                                                                                            | 23<br>Senior Center Closed                                                                                                                                                                                                                | 24<br>Senior Center Closed                                                                                                                                                                                        | 25<br>Senior Center Closed                                                                          |
| 28<br>10am Knitting<br>10am Tap Dancing<br>10am Feldenkrais<br>10:30am Medicare Appt<br>11am Pickleball<br>12pm Pilates                      | 29<br>8:30am Y's Men's Back-gammon<br>9:30 Tai Chi w/Mari<br>11am Strength & Fitness<br>1-4:00pm Duplicate Bridge<br>1:30pm Walk in the Gym                                                                           | 30<br>10am Feldenkrais<br>10am Yoga<br><b>12pm Lunch</b><br><b>The Greens at Cannondale</b><br><b>Sign up required.</b>                                                                                                                   | 31<br>9:15am Tai Chi w/Bill<br>10am Wii Bowling<br>11am Strength & Fitness<br>11am Massage by appt<br>11:15am Sickbill<br>12:30pm Movie:<br><i>A United Kingdom</i><br>1:30pm Walk in the Gym                     |                                                                                                     |



## Some Medicare Billing Issues

Medicare bills by code(s) that come from the doctor/doctor's office. If the code for a treatment or for a procedure or for an office visit is forgotten or incorrectly entered the Medicare client will be billed for the supposedly non-covered charge. We have to be our own advocates – before you leave a doc office be sure the correct code(s) have been entered for any and all tests, lab work or visits. **ASK THE DOC** to double check to avoid possible future confusion and time expended trying to get a correction in billing. **Unpaid medical bills left over a period of time will be reported to the three credit agencies and could threaten your credit scores.**

Many Medicare-D plans in CT have some prescription meds that are “step” meds. These are meds that are usually very expensive or in a high tier (3 or 4) so that before a particular Medicare-D plan will consider covering any part of the cost of the med the doc must try other meds first. (Not all formularies in the 21 plans in CT for 2017 are the same nor rate the meds carried in the same tiers.) In a “step” situation the doc must submit paper work as to why this more expensive drug is being ordered. **The client must talk with insurance company that handles their Medicare-D plan for very specific instructions.**

We all make general typo errors as do many hired clerks and assistants. **Be sure all numbers for Medicare, gap insurance and Medicare-D are properly recorded at a doc office, pharmacy or hospital.**

**A hospital stay of three days or more qualifies you for rehab if it is necessary. If you have just been under observation in an emergency room Medicare will not consider you to be eligible for rehab and you will pay out of pocket. When you are in an emergency room be sure to understand if you have been admitted to the hospital OR if you are just under observation. Do not be caught owing money unknowingly on this issue. Many hospitals are keeping clients under observation to avoid penalties if clients are readmitted within 30 days for same issues.**

Want to discuss Medicare issues? Half hour **no-fee appointments** are available from 10:30 – 12:00 twice a month generally on the first and third Mondays of each month. **MAKE AN APPOINTMENT BY THE PREVIOUS THURSDAY. BOOK THROUGH THE WESTON SENIOR CENTER** at (203) 222 - 2608. **NO WALK-INS.** See you at the center!

Meta Schroeter CHOICES Counselor

## Current And Future Local Telephone Scams

As usual several telephone scams are making the rounds. **NEVER SEND MONEY OR RELEASE PERSONAL INFORMATION TO ANYONE THAT YOU DO NOT KNOW AND THAT YOU YOURSELF HAVE NOT CALLED.**

**The greatest scam opportunity is coming soon!!! In 2018 Medicare will begin to change over all Medicare ID numbers from the Social Security number system to one developed for Medicare alone. The change over will begin in Spring 2018 and be finished in mid 2019. This means the scammers will be calling seniors under the guise of Social Security Administration, Medicare or any other government agency that seems plausible and asking for your Medicare number to confirm the new one. DO NOT GIVE OUT ANY INFORMATION ON THE PHONE. ALL CHANGE OVER INFORMATION WILL BE COMING TO YOU BY MAIL.**

## Lachat Town Farm

106 Godfrey Road West

The Lachat Town Farm is having a Farmer's Market once a month. They will have live music, artisanal vendors, farm produce, crafts and babysitting for children while their parents shop, etc.

The market opens at 4 and goes until 8.

The dates are on Fridays:

June 30th

July 28th

August 25th

September 29th

October 27th



## Weston Historical Society

104 Weston Road

**August 27 The Chris Coogan Quartet**

All concerts are Sundays from 5:30 PM to 7:00PM. Rain or shine.

Admission is \$10 per member, \$15 per nonmember. Kids are free.

For more information: [www.westonhistoricalsociety.org](http://www.westonhistoricalsociety.org).



## The Friends of the Weston Senior Activities Center

We would like to thank all of the donations made to our Friends of the Weston Senior Activities Center over the years! Over the past five years, we have purchased a new excursion bus (with the help of Town of Weston and the Elderly Assistance Fund), contributed to the renovations and expansion of our senior center, sponsored many trips, lectures, programs and events, just to name a few!

The Friends is a 501c3 organization; all donations are tax deductible as allowed by law. The mission of The Friends of the Weston Senior Activities Center is dedicated to supporting the Center and enriching and expanding the programs and activities the Center provides.

If you would like to make a donation to the Friends of the Weston Senior Activities Center, please mail checks made payable to Friends of WSAC and mail to:

Weston Senior Center  
PO Box 1007, Weston, CT 06883

Thank you for your continued support!

**Mark Albertson**

(203) 222-2608 sign up required

**Friday, July 7, 10am-11am****President Donald Trump and His Taxes**

Per what happened during the Teapot Dome Scandal, Congress in 1924 passed legislation, Section 6103 of the IRS Tax Code to go over the taxes of the President.

**Friday, August 4, 10am-11am****Vladimir Putin**

Vladimir Putin is the poster child expression of the authoritarian leader who frequently occupies the Kremlin. The authoritarian leader to which many-but not all-Russians seem to gravitate. This talk will describe the rise of Mr. Putin, from the KGB to the pinnacle of power in Russia; against a backdrop of Syria, Ukraine, the spread of NATO into Eastern and Central Europe, allegations of hacking into American elections. Vladimir Putin is one of the world's most recognized and yet, misunderstood leaders. Yet like many other authoritarians in history he is wedded to power.

**Additional Programs****Tuesday, July 11th—1:00pm—The Price is Right!**

Join Visiting Angels for coffee, donuts and playing The Price is Right. Sign up required, should be lots of fun.

**Tuesday, August 1st—1:00pm****Concert by Musical Treats**

Musical Treats featuring string and woodwind performances by siblings from the Haley Family, who range from 10 to 16 years of age. They will play classical and pop tunes on violin, viola and bassoon. Afterward, Art Treats will bring the world of art right to you! As a big fan of art and art history, Bridget has created an IMovie "Introduction to Fine Art" which makes art accessible to everyone (video is 15 minutes). Sign up required.

**July/August Art Exhibit -****Inwood Artists**

The Inwood Artists was formed out of a collective desire by a group of artists to continue painting. They have had about 5 instructors reflecting the class needs, instructor's affinity, teaching techniques, recommendations, learnings, potential and schedules. They have had exhibits individually and collectively at the Inwood, Jewish Community Center, Burroughs Library Bridgeport, Easton's Library and at various galleries

**Artists:** Barbara Agostisi, Marianne Castaldo, Kathy Davidson, Charlotte DiSesa, Kyra Dwyer, Harry Green, Elizabeth Katz, Cathy Morrison, Glenda O'Connell, Angelia Whiting with Gus Moran - Instructor

The aforementioned artists are as diverse as the art depictions they capture on canvas. Their bonding comes from a comfort level of walking around, viewing each other's progressive work and giving and receiving suggested refinements. This underscores their respect, comfort level, appreciation and trust in each other. Gus, their instructor, makes the rounds to each artist work during class. The cliques and suggested enhancement coming from your peers, levels another layer of trust and often enhancement in each other's work. They felt that with the appreciation, thirst for growth, feeding off the fellow artist is what has developed and enhanced that affinity which has sustained and improved their renditions over the years.

Painting by Harry Green

"Lighthouse"

**Our Website**

**Www.westonseniorcenter.info**

Check the website for our current newsletter, late minute cancellations, weather updates for delays and closures, weekly bulletin updates, art exhibits (past and present), and important links to local, state, and national organizations.

**"Art With Friends" with Keith Brooks**

**Mondays in July from 1:00-3:00pm (No Classes in August)**

You will receive weekly pre-class emails about the next class's topic and supply needs. No need to sign up for whole series; just ask to be included in the email and we will keep you up to date.

All levels are welcome, come and join fellow artists. Call for more details and to sign up! \$5.00 per class or pay for series with discount. (203) 222-2608

**Massage Appointments**

Thursdays 11am—2:30pm

Beth Dobseavage is a licensed masseuse and acupuncturist and will be at our senior center on Thursdays by appointment. Please call us if you have any questions or to make an appointment. (203) 222-2608.

**Weston Senior Activities Center**  
**P.O. Box 1007**  
**Weston, CT 06883**  
**203-222-2608**  
**[www.westonct.gov/](http://www.westonct.gov/)**

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WESTPORT, CT 06880



**Pictures from our  
Circle Line Trip!**



### **Donations Made in Memory**



Eileen Buckley in Memory of Jim Shaper  
Vonnie and Roy Spies in Memory of Jim Shaper  
Lynn and Andrew Langlois in Memory of Jim Shaper  
Arlene Brandner & Jill Kolodziej in Memory of Jim Shaper  
Susan Moran in Memory of Jim Shaper  
Mary Foss-Skiftesvik in Memory of Jim Shaper



While donations are most often given to honor the memory of someone dear, donations may also be made to celebrate birthdays and anniversaries or special occasions.

To make a contribution, please make checks payable to the Weston Senior Activities Center and mail to P.O. Box 1007, Weston, CT 06883.

Thank you.