



WESTON SENIOR ACTIVITIES CENTER

203-222-2608
9 School Road
Weston, CT 06883

Monday-Friday - 9:00 am to 3:00 pm

www.westonseniorcenter.info

Weston Senior Services and Resources

Weston Senior Center
9 School Road
www.westonseniorcenter.info
203-222-2608

Mailing Address:
P.O. Box 1007
Weston, CT 06883

Center Staff:

Director: Wendy Petty
Program Coordinator:
Carla Jegen
Asst. Program Coordinators:
Linda Gilmore
Angela Connaughton

Dial-a-Ride

203-222-2576
Driver: Roy Marsh
(24-hour notice required)

Dept. of Social Services

203-222-2663
Director: Allison Lisbon
Asst. Rose Cruz

Weston Town Hall

www.westonct.gov
203-222-2656

Commission on Aging

Bruce Lorentzen, Chair
Helen R. de Keijzer
Francine Goldstein
Don Gumaer
Dale Robinson
Richard Wolf

The Friends of WSAC

This symbol means the event is sponsored by the Friends of the Weston Senior Activities Center.



July/August 2019

Greetings everyone!

We hope you are enjoying your summer. In July and August we will be travelling more, including Wednesday lunch outings and various outdoor trips. We hope you will join us. See the back cover for more details.

Our Second Annual Art Expo Party is on Tuesday, July 16th from 10am-3pm. We have approximately nine local artists coming for demonstrations, great food sponsored by Ridge Crest of Meadow Ridge, raffles, a movie and more! See details on page 7. Everyone is welcome!

We are beginning to plan our trips for the fall. Possible trips include Shopping in Essex and lunch at the Griswald Inn, Storm King, Wolf Conservation Center, Bruce Museum, to name a few. Let us know if you are interested. We would love to hear your ideas.

If you would like to be even better informed and help us save resources at the same time, we urge you to sign up for our email list. You can sign up by calling the Center or by sending an email to wpetty@westonct.gov. You will not only receive six issues of our newsletter per year but also important occasional notices of new programs and events and other important news. Also, consider adding our website to your list of favorites:

www.westonseniorcenter.info.

Happy Summer... See you at the Center!

Wendy, Carla, Linda, Angela, and Roy (Dial a Ride)

Weston Dial-A-Ride

The service operates in Weston, Westport, Norwalk, Wilton and parts of Georgetown. Medical appointments will be a priority; however, Roy can take you to any appointment or to run errands, including to the Senior Center, grocery store, the library, etc.

This service is free and available to Weston seniors and residents with disabilities. Appointments should be made 24 hours in advance with the latest appointment at 3:30pm.

Dial-A-Ride operates Monday through Friday from 9:00am to 4:30pm. (203) 222-2576.

Friends of the Weston Senior Activities Center

We would like to Introduce "Person to Person". The Friends of the Weston Senior Activities Center would like to spotlight individuals who use the Senior Center, either as instructors, volunteers, staff or participants. We are all interesting people with incredible life stories and talents to share! By interviewing new people each month, we have the opportunity to get to know each other on a deeper level. This also helps those seniors who haven't used the Center regularly to understand better what the Center offers and experience how welcome everyone is here. Issue 1 spotlights Roberta Morelli, Chris Goldbach, and Cathy Paine. Pick up a copy at the Senior Center, or visit our website.

<https://www.westonseniorcenter.info/friends-people.html>

The mission of the Weston Senior Activities Center is to serve as the hub of programs and events supporting the well being of community members as they age.



Movies At The Hub

All Movies Start at 12:30pm

Sign-up is required, call (203) 222-2608



Thursdays

7/11: Old Man & the Gun

Based on the true-life exploits of bank robber Forrest Tucker, this serio-comic tale recounts his daring escape from prison at age 70 and the long string of heists that preceded the bandit's final arrest at age 78.

7/18: Second Act

Maya is a 40-year-old woman struggling with frustrations of not having achieved more in life. As an experienced, quick-witted, perceptive employee, she is passed over for a promotion solely because she doesn't have a college degree.

7/25: The Upside

A recently paroled ex-convict, Dell, strikes up an unusual and unlikely friendship with a quadriplegic billionaire, Philip Lacasse. From worlds apart, Dell and Philip form an unlikely bond, bridging their differences and gaining invaluable wisdom in the process, giving each man a renewed sense of passion for all of life's possibilities.

8/1: Mary Queen of Scots

Mary Queen of Scots explores the turbulent life of the charismatic Mary Stuart. Queen of France at 16, widowed at 18, Mary defies pressure to remarry and instead returns to her native Scotland to reclaim her rightful throne. By birth, she also has a rival claim to the throne of Elizabeth I, who rules as the Queen of England.

8/8: Free Solo

In this "cliff-hanging" documentary, rock climber Alex Honnold prepares for and undertakes the most daunting challenge of his life: becoming the first person to free-solo climb (without ropes or safety gear) the face of Yosemite's El Capitan.

8/22: Measure of a Man

For Bobby Marks, his portly physique and the harassment dispensed by a local bully compound the usual challenges of teenage life. But one summer, Bobby discovers his inner bravado when he needs it most.

8/29: Madame

When Anne and Bob host a dinner for their refined friends, the surprise arrival of Bob's son brings the guest list to an unlucky 13. To fix the situation, superstitious Anne disguises her maid as an urbane guest -- which creates a bigger problem.

Friday Oscar Nominated Movies through the Decades

7/5: 1940's Best Years of Our Lives

7/12: 1950's On The Waterfront

7/19: 1960's West Side Story

7/26: 1970's Annie Hall

8/2: 1980's Driving Miss Daisy

8/9: 1990's Forrest Gump

8/16: 2000's Chicago

8/23: 2010's King's Speech

8/30: 2010's Argo



Games, Games, Games

Interested in playing Chess?

Chess, Tuesdays at 2pm.

Let us know if you are coming!



Mah Jong, Mondays at 10:30am, Thursdays at 10:00am. Let us know if you want to join a group.

Rummikub, Tuesdays at 12:30pm.

Canasta, Fridays at 10:00am.

Lessons: If you are interested in playing canasta, but don't know how, we are taking names for a new group, which will include instructions on how to play.

Summer Luncheons

July 3rd: 12pm Senior Center, Pizza Lunch
Hosted by *A Place for Mom* (senior care referral service). They will be here to talk about their services offered. Free, sign up required.

July 10th: 12pm Senior Center Brown Bag Lunch
Ice Cream Social, hosted by Beltone Hearing Center. Followed by a presentation on Beltone's hearing services. Free, sign up required.

July 17th: 12pm Senior Center. Assorted Salads
12:45pm Presentation by Scott Kuhner. Back in 1987-1991, Scott and his wife took their two boys out of school and spent four years sailing around the world on their 40 foot sailboat. Come and hear about their adventure. Lunch is \$4.

July 24th: 11:30am Fire Department on Lyons Plains
Hosted by the Weston Volunteer Fire Department. Bus is departing Senior Center at 11:15am, please consider riding bus, parking is very limited. Free, sign up required.

July 31st: 11:30am Ridge Crest at Meadow Ridge Lunch/Bingo
Bus is departing Senior Center at 11:00am. Let us know if you are meeting us there and enter at the Ridge Crest entrance. Free, sign up required.

August 7th: 12pm Senior Center, Lunch and Bingo
Join Danielle from Cambridge Health for another wonderful lunch, games of bingo and great conversation. Free, sign up required.

August 14th: 12pm Picnic at G & B Cultural Center
Bring your own lunch and drink to picnic in the garden at the Cultural Center, browse the art inside. The Center offers original framed paintings, prints, gifts, arts and crafts. Relax and stroll through their Center. Bus leaves the Senior Center at 11:45am or meet us there. (Weather permitting) 49 New St.

August 21st: 11am Open House Tour, Selectmen's BBQ
Newcomers are all welcome, join us today for a tour and stay for lunch! This will be at the Senior Center.

August 28th: 12:30pm Maplewood at Southport
Bus is departing Norfield at 12pm. Walt Mathis, (Fairfield Museum's Historian) will be discussing Herbie's Pond and the Town of Fairfield. Followed by lunch and a tour! Free, sign up required.

Caregivers Support Group

Thursdays 1:00pm-2:00pm at the Senior Center
July 11th and August 8th

Caregiving for a loved one can be challenging. Get the support you need from others who are facing similar challenges and share information with each other. These informal sessions are your chance to take a break, socialize with other caregivers and learn how to make life easier for you and the one you care for.

This group is meant to be relaxing and encouraging as well as informational and will be facilitated by Weston Social Services Director Allison Lisbon, MSW, LCSW.

Department of Social Services

(203) 222-2556, Monday-Thursday 9am-4pm

Meals on Wheels

The Meals on Wheels Program is sponsored and subsidized by the Town of Weston. One meal includes a salad, an entrée consisting of a protein, carbohydrate and vegetable; a dessert and a beverage. The second meal consists of a sandwich, fruit, juice and milk. Both meals cost only \$7.75 per day, a real bargain which is both delicious and convenient. Please call Rose Cruz if you or someone you know is interested in receiving delivered meals.

Lectures, Presentations, Sponsored Programs *

Tuesday, July 2nd 12:00pm Brain Games and Lunch
Sponsored by Wilton Meadows.

Wednesday, July 3rd 12:00pm Pizza Luncheon
Sponsored by *A Place for Mom*

Wednesday, July 10th 12:30pm Beltone's Hearing Center
Join us after lunch to hear a presentation on what services Beltone offers.

Wednesday, July 17th 12:45pm Travel Presentation Scott Kuhner
Back in 1987-1991, Scott and his wife took their two boys out of school and spent four years sailing around the world on their 40 foot sailboat. Come and hear about their adventure.

Tuesday, July 29th 12:00pm, Lunch and Learn
Should I Stay or Should I Go, S.T.A.R.S LLC (Seniors Trusted Advisors Resource Services) is a professional network that includes individuals who specialize in and can help with various steps of a Senior's home sale or with the changes necessary to remain in their family home. Speakers on the panel include real estate/probate attorney, real estate team of Senior specialists, a mortgage counselor. Free, sign up is required.

- Sponsored programs are for information only, we do not endorse or evaluate any products or services.

Pickleball

Group Play, Lessons, Open Gym



Group Play: Mondays and Thursdays 11:15am
Lessons with Robin Fortin: Mondays at 1:30 and 2:30pm (sign up)
Open Gym: Reserve the gym to practice Tues., Thurs. Friday 1-3pm

Exercise and Wellness

First class is free!

Fitness waiver must be signed before starting exercise classes.

Tap Dancing with Sandy (must pay for series in full)

Mondays 10:00am

The essence of tap dancing is rhythm and pure fun. Tap dancing shoes have a magical way about them; they make you smile.

Feldenkrais with Cathy and Eileen (\$4.00 per class, drop in okay)

Mondays (Eileen) and Wednesdays (Cathy) at 10:00am

Feldenkrais is a gentle class that helps to improve posture, flexibility, and coordination for those with reduced movement or pain.

Pickleball (free, drop in okay)

Mondays at 11am & Thursdays at 11:15am; Fridays at 11am for beginners

Pickleball is a cross between tennis, ping pong and badminton.

Pickleball Lessons offered Thursdays at 2:30pm \$5.00 per session.

Strength & Fitness with Sandy (\$4.00 per class, drop in okay)

Tuesdays & Thursdays at 11:00am

Utilizing balls, stretch bands and weights while sitting and standing, you will stretch and strengthen all muscle groups. Emphasis is on flexibility and balance.

Tai Chi w/Bill - July Classes Only (must pay for series in full)

Thursdays at 9:15am

Tai Chi helps to decrease stress and improve energy, balance and flexibility. Beginners are welcome!

Tai Chi with Mari (must pay for series in full)

Tuesdays at 9:30am

Tai Chi helps to decrease stress and improve energy, balance and flexibility. Mari Lewis teaches the traditional Yang style Tai Chi; basic knowledge is required.

Yoga with Melania (\$4.00 per class, drop in okay)

Fridays at 9:00am (Mondays at 8:30am starting July 1st)

This class is an *experience* for healing Mind, Body & Spirit, through gentle movement, meditation, and breath-work, bringing students compassionately back "home" to oneself.

Gentle Yoga with Joy (\$4.00 per class, drop in okay)

Wednesdays at 10:00am

Come and enjoy some gentle stretching, strengthening, and relaxation and the pleasure of participating in a lovely group.

Pilates with Karen (must pay for series in full)

Mondays at 12:00pm and Thursdays at 12:30pm

Designed to re-align the spine to its natural skeletal position, rebalancing the muscles around the spine, abdominals, and the extremities to build core strength, stability, longer leaner muscle tone, and to improve posture and enhance coordination.

Dance Aerobics Fitness with Sandy (must pay for series in full)

Wednesdays at 11:00am

A dance inspired cardio fitness class that is great for men and women. Learn the basic simple steps of merengue, foxtrot, waltz, and swing. You'll never know you're working out!

Chair Aerobics with Ruth (\$4.00 per class, drop in okay)

Fridays at 11:30am

An exercise class that is both a great workout and a lot of fun. Build strength, endurance, and flexibility with this great low impact class with great music!

We hope you will try one of our classes!

July 2019

Mon

Tue

Wed

Thu

Fri

1	2	3	4	5
<p>10am Knitting No Tap Dancing today 10am Feldenkrais, Eileen 10:30am Mah Jong 10:30am Medicare Appt. 11am Pickleball 12pm Pilates</p>	<p>8:30am Backgammon 9:30am Tai Chi w/Mari No Strength & Fitness 11am-3pm Open Gym 12pm Brain Game/Lunch w/Wilton Meadows 12:30pm Rummikub 12:30-4pm Dup. Bridge 2pm Chess</p>	<p>10am Feldenkrais w/Cathy 10am Yoga w/Joy No Dance 12pm Pizza Lunch Senior Center Hosted by A Place for Mom</p>	<p>Senior Center Closed</p> 	<p>9am Yoga w/Melania 10am-12pm Open Art 10am Canasta 11:30am Chair Aerobics w/Ruth 12:30pm Movie Oscar Series 1940's- <i>Best Years of Our Lives</i> 1-3pm Open Gym</p>
8	9	10	11	12
<p>10am Knitting No Tap Dancing today 10am Feldenkrais, Eileen 10:30am Mah Jong 11am Pickleball 12pm Pilates 1:30pm Pickleball Lessons</p>	<p>8:30am Backgammon 9:30am Tai Chi w/Mari 11am Strength & Fitness 11am-3pm Open Gym 12:30pm Rummikub 12:30-4pm Dup. Bridge 2pm Chess</p>	<p>10am Feldenkrais w/Cathy 10am Yoga w/Joy 11am Dance w/Sandy 12pm Lunch Senior Center Brown Bag Lunch Ice Cream Social and Presentation by Beltone Hearing Center</p>	<p>9:15am Yale Center British 9:30am Tai Chi w/Bill 10am Art Class w/Wendy 11am Strength & Fitness 11am-2:30pm Massage 11:15am Pickleball 12:30pm Pilates 12:30 pm Movie: <i>Old Man and the Gun</i> 1pm Caregivers Group 1-3pm Open Gym</p>	<p>9am Yoga w/Melania 10am-12pm Open Art 10am Canasta 11:30am Chair Aerobics w/Ruth 12:30pm Movie Oscar Series 1950's - <i>On the Waterfront</i> July 13th, 8:30am-11am Bring your Wheels event .</p>
15	16	17	18	19
<p>10am Knitting 10am Tap Dancing 10am Feldenkrais w/Eileen 10:30am Mah Jong 11am Pickleball 12pm Pilates 1:30pm Pickleball Lessons</p>	<p>Art Expo Party 10am – 3pm No Classes Today</p> 	<p>10am Feldenkrais w/Cathy 10am Yoga w/Joy 11am Dance today 12pm Lunch at the Senior Center Assorted salads <i>12:45pm Four Years Around the World in a Boat by Scott Kuhner</i></p>	<p>9:30am Tai Chi w/Bill 10am Art Class w/Wendy 10am-12pm Open Art 10am Mah Jong 11am Strength & Fitness 11am-2:30pm Massage 11:15am Pickleball 12:30pm Pilates 12:30pm Movie: <i>Second Act</i> 1-3pm Open Gym</p>	<p>9am Yoga w/Melania 10am-12pm Open Art 10am Canasta 11:30am Chair Aerobics w/Ruth 12:30pm Movie Oscar Series 1960's - <i>West Side Story</i> 1-3pm Open Gym</p>
22	23	24	25	26
<p>10am Knitting 10am Tap Dancing No Feldenkrais today 10:30am Mah Jong 10:30am Medicare Appt. 11am Pickleball 12pm Pilates 1:30pm Pickleball Lessons</p>	<p>8:30am Backgammon 9:30am Tai Chi w/Mari 11am Strength & Fitness 12:30pm Rummikub 12:30-4pm Dup. Bridge 1pm Medicare Appts. 2pm Chess</p>	<p>No Feldenkrais today 10am Yoga w/Joy 11am Dance w/Sandy 11:30am Lunch at the Fire Department Please consider riding bus Limited parking available Blood Pressure Checks</p>	<p>9:30am Tai Chi w/Bill 10am Art Class w/Wendy 10am-12pm Open Art 10am Mah Jong 10am Ikea Shopping and Lunch, depart Center 11am Strength & Fitness 11:15am Pickleball 12:30pm Pilates 12:30pm Movie: <i>The Upside</i> 1-3pm Open Gym</p>	<p>9am Yoga w/Melania 10am-12pm Open Art 10am Canasta 11:30am Chair Aerobics 12:30pm Movie Oscar Series 1970's - <i>Annie Hall</i> 1-3pm Open Gym</p>
29	30	31		
<p>10am Knitting 10am Tap Dancing 10am Feldenkrais, Eileen 10:30am Mah Jong 11am Pickleball 12pm Pilates 12pm Lunch and Learn Should I Stay/ Should I Go 1:30pm Pickleball Lessons</p>	<p>8:30am Backgammon 9:30am Tai Chi Today 11am Strength & Fitness 11am-3pm Open Gym 12:30pm Rummikub 12:30-4pm Dup. Bridge 2pm Chess</p>	<p>10am Feldenkrais w/Cathy 10am Yoga w/Joy 11am Dance w/Sandy 11:30am Lunch and Bingo at Ridge Crest at Meadow Ridge</p>		

Revised August 2019

Mon

Tue

Wed

Thu

Fri

			1 10am Art Class w/Wendy 10am-12pm Open Art 10am Mah Jong 11am Strength & Fitness 11am-2:30pm Massage 11:00am Pickleball 12:30pm Pilates 12:30 Movie: <i>Mary Queen of Scots</i> 1-3pm Open Gym	2 9am Yoga w/Melania 10am-12pm Open Art 10am Canasta 11am Captain's Cove 11:30am Chair Aerobics w/Ruth 12:30pm Movie: Oscar Series <i>Driving Miss Daisy</i> 1-3pm Open Gym
5 10am Knitting 10am Tap Dancing 10:30am Mah Jong 11am Pickleball 11am Chair Aerobics 1:30pm Pickleball Lessons	6 8:30am Y's Men's Backgam. 9:30am Tai Chi w/Mari 10am Art Class w/Chris 11am Strength & Fitness 11am-3pm Open Gym 12:30-4:00pm Dup. Bridge 12:30pm Rummikub 1pm Pilates 2pm Chess	7 10am Feldenkrais w/Eileen 10am Yoga w/Joy 11am Dance 12pm Lunch at the Senior Center Hosted by Cambridge Health. Bingo to follow lunch.	8 9:30am Yale Center for British Art Trip 10am-12pm Open Art 10am Mah Jong 11am Strength & Fitness 11am-2:30pm Massage 11:00am Pickleball 12:30 Movie: <i>Free Solo</i> 1pm Pilates 1pm Caregivers Group 1-3pm Open Gym	9 9am Yoga w/Melania 9am Untermyer Garden 10am-12pm Open Art 10am Canasta 11:30am Chair Aerobics 12:30pm Movie: Oscar Series 1990's - <i>Forest Gump</i> 1-3pm Open Gym
12 10am Knitting 10am Tap Dancing 10:30am Mah Jong 10:30am Medicare Appts. 11am Pickleball 11am Chair Aerobics 1:30pm Pickleball Lessons	13 8:30am Y's Men's Backgam. 9:30am Tai Chi w/Mari 10am Art Class w/Chris 11am Strength & Fitness 11am-3pm Open Gym 12:30-4:00pm Dup. Bridge 12:30pm Rummikub No Pilates Today 2pm Chess	14 No Feldenkrais today 10am Yoga w/Melania 11am Dance 12pm Picnic Lunch at G & B Cultural Center	15 10am-12pm Open Art 10am Mah Jong No Strength & Fitness 11am-2:30pm Massage 11:00am Pickleball No Pilates today 12:30pm Movie: TBD 1-3pm Open Gym	16 9am Yoga w/Melania 9:30am Bridge Group 10am-12pm Open Art 10am Canasta 11:30am Chair Aerobics 12:30pm Movie Oscar Series 2000's - <i>Chicago</i> 1-3pm Open Gym
19 11am Chair Aerobics At library	20 9:30am Tai Chi -Library Cancelled: 10am Art Class <i>Will give credit for 2 classes</i> No Strength & Fitness Cancelled: Duplicate Bridge 1pm Pilates- Library	21 10am Feldenkrais -Norfield Classrooms 10am Yoga -Norfield Class- rooms 11am Strength & Fitness make up class- Norfield Classrooms 12pm Selectmen's Lunch Norfield RSVP by Tuesday	22 8:00am Light House Cruise, depart Norfield 11am Strength & Fitness- Norfield Parish Hall No Massage 1pm Pilates- Library	23 9am Yoga- Library 11:30am Chair Aerobics Library
26 10am Knitting 10am Tap Dancing 10:30am Mah Jong 11am Pickleball 11am Chair Aerobics 1:30pm Pickleball Lessons	27 8:30am Y's Men's Backgam. 9am Port Jefferson Trip 9:30am Tai Chi w/Mari 11am Strength & Fitness 11am-3pm Open Gym 12:30-4:00pm Duplicate Bridge 12:30pm Rummikub 1pm Pilates	28 10am Feldenkrais w/Eileen 10am Yoga w/Joy 11am Dance 12:30pm Lunch at Maplewood at Southport	29 10am-12pm Open Art 10am Mah Jong 11am Strength & Fitness No Massage 11:15am Pickleball 12:30pm Movie: <i>Madame</i> 1pm Pilates 1-3pm Open Gym	30 9am Yoga w/Melania 10am-12pm Open Art 10am Canasta 11:30am Chair Aerobics w/Ruth 12:30pm Movie Oscar Series 2010 - <i>Argo</i> 1-3pm Open Gym

Some Medicare Billing Issues

Medicare bills by code(s) that come from the doctor/doctor's office. If the code for a treatment or for a procedure or for an office visit is forgotten or incorrectly entered the Medicare client will be billed for the supposedly non-covered charge. We have to be our own advocates – before you leave a doc office be sure the correct code(s) have been entered for any and all tests, lab work or visits. **ASK THE DOC** to double check to avoid possible future confusion and time expended trying to get a correction in billing. **Unpaid medical bills left over a period of time will be reported to the three credit agencies and could threaten your credit scores.**

Many Medicare-D plans in CT have some prescription meds that are “step” meds. These are meds that are usually very expensive or in a high tier (3 or 4) so that before a particular Medicare-D plan will consider covering any part of the cost of the med the doc must try other meds first. (Not all formularies in the 26 plans in CT for 2019 are the same nor rate the meds carried in the same tiers.) In a “step” situation the doc must submit paper work as to why this more expensive drug is being ordered. **The client must talk with the insurance company that handles their Medicare-D plan for very specific instructions.**

A hospital stay of three days or more qualifies you for rehab if it is necessary. If you have just been under observation in an emergency room Medicare will not consider you to be eligible for rehab and you will pay out of pocket for rehab. When you are in an emergency room be sure to understand if you have been admitted to the hospital OR if you are just under observation. Do not be caught owing money unknowingly on this issue. Many hospitals are keeping clients under observation to avoid penalties if clients are re-admitted within 30 days for same issues.

To discuss Medicare issues: MAKE AN APPOINTMENT THROUGH THE WESTON SENIOR CENTER at (203) 222 - 2608. NO WALK-INS.

Meta Schroeter CHOICES Counselor

Current And Future Local Telephone Scams

As usual several telephone scams are making the rounds -- grandparent, computer, social security, IRS, even finger prints!. **NEVER SEND MONEY OR RELEASE PERSONAL INFORMATION TO ANYONE THAT YOU DO NOT KNOW AND THAT YOU YOURSELF HAVE NOT CALLED.**

First Selectmen's Office—Chris Spaulding

Hello again Seniors,

I hope you had a fantastic spring as we head into summer. We just finished up a very hectic budget season with many moving parts. Early in the process it looked like Weston would be hit with multiple waves of negative financial pushbacks; it turns out that after all was said and done Weston actually ended up much better than expected. To that end, we have two sources of funds that we did not anticipate receiving. Because of this, it now looks like we can likely allocate more than \$300,000 additional dollars to replace many heavily worn roads. These were repairs that we did not feel we could afford earlier in the year.

We are very excited to announce that we plan to debut a brand new Town website this fall. We anticipate having many exciting new features. Of particular interest will be a unified town calendar, which will hopefully serve as a central repository for all town-wide events. We also anticipate providing the ability to sign up online for multiple different noticing systems similar to Code Red, but for non-emergency purposes. We could use such a system for road closures, rescheduling, cancellations, votes and many other areas.

As many of you may know, we are working with Wendy Petty to examine the process of acquiring a new transportation vehicle for the Senior Center. I am thrilled to hear that the prime candidates look to be energy efficient hybrid/electric vehicles. I will once again advocate to have flames painted on the side of the vehicles, but somehow I believe I will be once again rebuffed.

Of course, we are also thrilled to be planning for the second annual Weston Flea. Last year was a success on many fronts and this year we hope to raise even more money for the Senior Center.

Have a great summer!

Chris Spaulding

First Selectman

Weston Public Library

(203) 222-2665



Don't let the kids have all of the fun this summer! Adult summer reading returns this year with raffles and a series of programs on preserving your family's stories as part of *A Universe of Stories* summer reading theme! Participate in the Adult Summer Reading Raffles! Rate Your Read forms will be available starting June 17th. Raffle drawings will follow the schedule below. Entries are cumulative, so enter early and often!

July 5 - Movie Lover's Gift Basket

July 12 - Coffee Lover's Gift Basket

July 19 - A Taste of Connecticut Gift Basket

For the list of weekly programs on digitally preserving your family memories visit www.westonpubliclibrary.org.

Weston Parks and Recreation

(203) 222-2655



Bisceglie-Scribner Pond is open seven days a week from 11:30-6:00pm. A handheld permit is required and will be available to Weston residents only, free to seniors 62+. You can stop by Parks and Rec's office or register online at www.westonct.gov.

July 4th Family Celebration: Fireworks, food, and fun on the 4th. Gates open at 4:30pm on School Road. Tickets are \$20 per car or \$5 per person walk in. Limited parking passes (\$30) are available, but sell quickly. Contact the Recreation Office for details on how to purchase.

Weston Youth Services

Saturday, July 13th, 8:30am to 11am

Bring your bikes and wheels, walk and ride on the road by WIS. Closed to cars that morning. Enjoy the road! Call for details.

Tuesday
July 16, 2019
10am - 1pm
movie 1-3pm

WESTON Senior Center
9 School Road, Weston
203.222.2608
"Let us know you are coming - RSVP by July 11
But if you did not RSVP, come anyway!"

welcome

Artists, Art Lovers and those who want to have FUN

2nd Annual Celebration of Art
FREE ART EXPO PARTY FREE

Open house : Celebration of Art

Artistic edibles by Ridge Crest at Meadow Ridge Demos
watercolor techniques trace monoprints create a puzzle
dictionary drawings and much, much more!

Eaffles at 12pm - you must be present to win!
Art Lectures on Van Gogh
Ask An Expert - Hands on participation
Art Exhibit of Weston's faculty
"At Eternities Gate" playing at 1pm

Just 6 minutes from Merritt Parkway
Exit 42, North on Elm St to School Road




Open Art

Thursdays and Fridays, 10am-12pm
Drop in Friday mornings to work with friends and art projects.

Watercolor Class with Wendy Pieper

July 11, 18, 25, August 1
10am-12pm, \$20 per series, sign-up required.

Have you ever wanted to learn to paint in watercolors? Or brush up on your skills? Join artist Wendy Pieper for a fun and energetic class. This class is open to beginners and intermediates alike. You will work from still life, landscape (from your own photos or outside if weather permits) and the figure if there is class interest (model fee will be additional). Basic drawing, composition and watercolor techniques will be demonstrated. Participants must provide their own supplies.

Watercolor with Karen Siegel

Class will resume September 16th
\$10 drop in fee

Join Karen for watercolor instruction in this ongoing drop in class. Learn the basics while enjoying good company with other art students. Bring your own supplies or drop in and see a class. This is a great, relaxed group. Join them!

Collage Basics:

Paper and Glue With Chris Goldbach

Tuesdays, August 6, 13, 20, 10am-12pm
\$15.00 for series, plus \$5.00 for supplies per class

Collage Basics: Paper, Glue, and Cold Wax
Working small allows us to try many composition formulas and go home with new ideas for future collages or paintings. Learn to trust the voice inside; the one that can guide creative decisions and bring about a much richer work of art. Please bring a collection of bits and pieces of paper, old books, packaging material, and the everyday detritus normally viewed as trash, and a picture to copy if you wish.

En Plein Air: Judith Lambertson

Starting in September, dates tbd

Are you interested in painting in nature? Students will learn about the Golden Mean and how to use it to for planning a composition. We will also learn about color values and mixing colors. Call for details!

Introduction to Pastel: Continued with Jane Wolf

Wednesdays October 2, 9, 23, 30, November 6, 13: 9:30am-11:30am

There is no fee for this class, but there are extra supplies that need to be purchased before the start of this series. Jane will be in class to give instruction, allow for practice time and ask questions. See Wendy or Carla for details and how to purchase the supplies.

Pastels: Chervin Set

Optional (for more advanced) NuPastel (Box of 96)

Paper: Paper pad: Non-sanded Canson Pastel Ma tiente Assorted colors 24 sheets (9x12).

Sanded Paper: UART sanded 400 (pack of 10 sheets to be divided in half (9x12).

July/August Artist Exhibit

Artists who are participating at the Art Expo and/or exhibiting in the months of July/August.

Tracey Dinkin—Portrait Demonstration

Kathy Dunn—Hands on Rock Painting

Chris Goldbach—Dictionary Drawings

CJ Guerin— Monoprints

Judith Lambertson— En Plein Air Demo

Wendy Pieper— Watercolor Demonstration

Missy Sevard— Gelli Prints

Meta Schroeter—Paint-a-Puzzle

Karen Siegel— Hands on Watercolor

Betty Wise— Paul Klee Trace Monoprints

Jane Wolf— Exhibit Only



Weston Senior Activities Center
P.O. Box 1007
Weston, CT 06883
203-222-2608
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Our Seniors Are Going Places

July 11th, Yale Center for British Art, Collection Highlight's Tour.
Depart the Senior Center at 9:15am.

July 25th, Ikea Shopping and Lunch
Depart the Senior Center at 10:00am.

August 2nd, Captain's Cove Seaport
Depart the Senior Center at 11:00am.

August 9th, Untermeyer Gardens
Bring a bag lunch and drink, there is nothing available for purchase. There is a 60-90 minute tour of the grounds, wear comfortable shoes! \$13.00 for tour. Depart the Senior Center at 9am.

August 22nd, Light House Cruise in New London
Enjoy views of eight lighthouses from New London to Long island on this cruise. \$22.50.
Depart the Senior Center at 8:45am.

August 27th, Port Jefferson Trip
Depart Norfield at 9am for a 10:30am ferry. \$16.00.

December 11th, Radio City Christmas Spectacular
The trip includes ticket, round trip coach bus, and a boxed lunch. This does not include driver gratuity. \$105.00. A deposit of \$30 is due upon signing up, the balance will be due in October.
Depart from Norfield at 10:30am.



WESTON HIGH SCHOOL PARKING LOT

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(Rain: September 29)
10 A.M. - 3 P.M.

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\$35- 4 PARKING SPACES

\$15- SENIOR RATE- 2 SPACES

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